



# YOUTH ACTIVITIES

August



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:15-10:00am <b>18-36 mnth w/ parent</b> <b>Wiggle Worms</b> Gymnastics Center	3:15-4:00pm <b>Ages 3-4</b> <b>Rookie Tumbling</b> Gymnastics Center JESSICA	10:30-11:15am <b>9-18 mnth w/parent</b> <b>Roly Poly Play Time**</b> Gymnastics Center WENDY	3:15-4:00pm <b>Ages 3-4</b> <b>Rookie Tumbling</b> Gymnastics Center JOEY	4:30-5:30pm <b>Ages 5-12</b> <b>Kyo-Ku Kids</b> Club Room CARLA	9:00-10:00am <b>Ages 6-10</b> <b>Parkour</b> Gymnastics Center EVAN
4:00-4:30pm <b>Ages 3-4</b> <b>Rookie Basketball</b> Gymnasium STEPHEN	4:00-5:00pm <b>Ages 5-12</b> <b>Beg. Tumbling</b> Gymnastics Center JESSICA	3:15-4:00pm <b>Ages 3-4</b> <b>Rookie Tumbling</b> Gymnastics Center JOEY	3:30-4:00pm <b>Ages 3-4</b> <b>Rookie Ballet*</b> Ray Sence HEATHER	7:30-9:30pm <b>Ages 8+</b> <b>Family Boxing*</b> Club Room STEVE	10:00-11:00am <b>Ages 5-12</b> <b>Beg. Tumbling</b> Gymnastics Center EVAN
4:00-4:30pm <b>Ages 5-12</b> <b>Gold Medal Games*</b> Gymnasium JOEY	4:30-5:15pm <b>Ages 5-10</b> <b>Break Dance</b> Ray Sence MICHAEL	3:30-4:00pm <b>Ages 3-4</b> <b>Rookie Hip Hop*</b> Ray Sence JULIE	4:00-4:45pm <b>Ages 5-10</b> <b>Beg. Ballet</b> Ray Sence HEATHER		11:00-11:45am <b>Ages 3-4</b> <b>Rookie Tumbling</b> Gymnastics Center EVAN
4:00-4:45pm <b>Ages 5-10</b> <b>Zumba Kids*</b> Club Room WENDY	5:00-6:00pm <b>Ages 6-12</b> <b>Inter. Tumbling</b> Gymnastics Center JESSICA	4:00-4:45pm <b>Ages 5-10</b> <b>Beg. Hip Hop</b> Ray Sence JULIE	4:00-5:00pm <b>Ages 5-12</b> <b>Beg. Tumbling</b> Gymnastics Center JOEY		11:00-1:00pm <b>Ages 8+</b> <b>Family Boxing*</b> Club Room STEVE
4:30-5:15pm <b>Ages 5-12</b> <b>Intro to Soccer</b> Gymnasium JOEY	5:30-6:30pm <b>Ages 8+</b> <b>Family Zumba**</b> Ray Sence AMY	4:00-5:00pm <b>Ages 6-10</b> <b>Parkour</b> Gymnastics Center JOEY	4:45-5:30pm <b>Ages 6-10</b> <b>Inter. Ballet</b> Ray Sence HEATHER		
5:00-5:45pm <b>Ages 5-10</b> <b>Rhythmic Gymnastics</b> Gymnastics Center YVONNE	6:00-7:00pm <b>Ages 7-12</b> <b>Adv. Tumbling</b> Gymnastics Center JESSICA	4:00-4:30pm <b>Ages 3-4</b> <b>Rookie Kyo-Ku Kids</b> Club Room JEN	5:00-6:00pm <b>Ages 5-10</b> <b>Inter. Tumbling</b> Gymnastics Center JOEY		
5:00-5:45pm <b>Ages 5-10</b> <b>Yoga Discovery*</b> Club Room WENDY		4:30-5:30pm <b>Ages 5-12</b> <b>Kyo-Ku Kids</b> Club Room JEN	5:00-6:00pm <b>Ages 10-13</b> <b>Youth Volleyball</b> Gymnasium ELISE		
5:30-6:30pm <b>Ages 4 &amp; up w/ parent</b> <b>Family Zumba**</b> Ray Sence		4:45-5:30pm <b>Ages 6-14</b> <b>Inter. Hip Hop</b> Ray Sence JULIE			
7:00-9:00pm <b>Ages 8+</b> <b>Family Boxing*</b> Club Room STEVE		5:00-5:45pm <b>Ages 10+</b> <b>Family Cycling**</b> Cycling Studio EMILY			

COLOR KEY CODE &
Value Added (Free Classes)*
Youth & Government*
Tumbling* (8:1)
Performing & Visual Arts* (10:1)
Sports* (12:1)
Kyo-Ku Kids (Karate)* (12:1)
*Registration Required
**Registration Not Required
ROOM KEY CODE
Chapel (2 <sup>nd</sup> floor)
CR - Club Room (3 <sup>rd</sup> floor)
Gym - Gymnasium
GC - Gymnastics Center (3 <sup>rd</sup> floor)
RS - Ray Sence (1 <sup>st</sup> floor)
RC - Racquetball Court (1 <sup>st</sup> floor)
LS - Lifestyle Studio (2 <sup>nd</sup> floor)



**For more information contact:**

Erica Adcock, Associate Director of Sports and Youth Activities  
818-845-8551 ext. 269 or Erica@burbankymca.org  
Burbankymca.org > Programs > Youth & Family

**Free classes also require registration. Except for the ones marked with \*\***



## PROGRESSIVE TUMBLING

Day	Time	Class Name	Age	Room
MON	9:15-10:00AM	Wiggle Worms	18-36 months	GC
MON	5:00-5:45M	Rhythmic Gym.	5-10	GC
TUE	3:15-4:00PM	Rookie Tumbling	3-4	GC
TUE	4:00-5:00PM	Beg Tumbling	5-12	GC
TUE	5:00-6:00PM	Inter Tumbling	6-12	GC
TUE	6:00-7:00PM	Adv Tumbling	7-12	GC

Day	Time	Class Name	Age	Room
WED	3:15-4:00pm	Rookie Tumbling	3-4	GC
WED	4:00-5:00PM	Parkour	6-10	GC
THU	3:15-4:00pm	Rookie Tumbling	3-4	GC
THU	4:00-5:00PM	Beg Tumbling	5-12	GC
THU	5:00-6:00PM	Inter. Tumbling	6-12	GC
SAT	9:00-10:00AM	Parkour	6-10	GC
SAT	10:00-11:00AM	Beg Tumbling	5-12	GC
SAT	11:00-11:45AM	Rookie Tumbling	3-4	GC

## PERFORMING & VISUAL ARTS

Day	Time	Class Name	Age	Room
TUE	4:30-5:15PM	Break Dance	5-10	RS
WED	4:00-4:45PM	Beg Hip Hop	5-10	RS
WED	4:45-5:30PM	Inter Hip Hop	6-14	RS
THU	4:00-4:45PM	Beg Ballet	5-10	RS
THU	4:45-5:30PM	Inter Ballet	6-10	RS

## KYO-KU KIDS (Karate)

Day	Time	Class Name	Age	Room
WED	4:00-4:30PM	Rookie Kyo-Ku Kids	3-4	CR
WED	4:30-5:30PM	Kyo-Ku Kids	5-12	CR
FRI	4:30-5:30PM	Kyo-Ku Kids	5-12	CR

## SPORTS

Day	Time	Class Name	Age	Room
MON	4:00-4:30pm	Rookie Basketball	3-4	GYM
MON	4:30-5:15pm	Intro to Soccer	5-12	GYM
THU	5:00-6:00pm	Youth Volleyball	10-13	GYM

## YOUTH & GOVERNMENT

Day	Time	Class Name	Age	Room	
FRI	4:00-5:30PM	Youth & Government	H.S.	LS	No Registration

## PROGRAM PRICING:

### TUMBLING

	Age	Family / Youth / Program
Wiggle Worms (Parent-	18-36 months	\$30 / \$30 / \$46
Rookie Tumbling	3-4	\$48 / \$64 / \$128
Beg/Int/Adv Tumbling	5-12	\$51 / \$67 / \$135
Parkour	6-10	\$43 / \$59 / \$119
Rhythmic Gymnastics	5-10	\$43 / \$59 / \$119

### PERFORMING & VISUAL ARTS

	Age	Family / Youth / Program
Beg Ballet/Break Dance/Hip Hop	5-10	\$10 / \$15 / \$50
Inter Ballet/ Inter Hip Hop	6-14	\$10 / \$15 / \$50

### KYO-KU KIDS (Karate)

	Age	Family / Youth / Program
Rookie Kyo-Ku Kids	3-4	\$39 / \$55 / \$109
Kyo-Ku Kids	5-12	\$48 / \$64 / \$128

### SPORTS

	Age	Family / Youth / Program
Rookie Basketball	3-4	\$39 / \$55 / \$109
Intro to Soccer	5-12	\$10 / \$15 / \$50
Youth Volleyball	10-13	\$30 / \$30 / \$55
		6 weeks (8/17-9/21)

## Register for programs in advance!

- ◆ Pay a monthly non-refundable deposit per session to guarantee your child's place in class each month.
- ◆ Your card will then be drafted for the remaining balance prior to start of the next session.
  - Tumbling (all levels)/Karate (all levels): \$10 deposit / month
  - Performing & Visual Arts (all classes): \$5 deposit/month

Changes are **noted in red.**