



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASIUM SCHEDULE

October 2017

Schedule is subject to change

Adult Pick-Up
Members 18 & Up are invited to join our pick-up basketball community.
No Sign-up required

Youth Basketball Showcase Basketball
Sign-up is required. Please visit Member Services for details.

Adult Soccer
Sign-up is required. Please visit Member Services for details.

Open Gym
Open to all members. Youth under 12 years old must be accompanied by a parent.

Youth Volleyball
Sign-up is required. Please visit Member Services for details.

Stretch Class
Members 16 & Up are invited. Please see the Group Fitness Schedule for details.
No Sign-up required

Gymnasium closes 15 minutes before the facility

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-7:00a Open Gym	5:30-11:30a Open Gym	5:30-7:00a Open Gym	5:30-11:30a Open Gym	5:30-7:00a Open Gym	7:00-6:15p Open Gym	9:00-9:30a Open Gym
7:00-8:00a Adult Pick-Up	11:30-1:30p Adult Pick-Up	7:00-8:00a Adult Pick-Up	11:30-1:30p Adult Pick-Up	7:00-8:00a Adult Pick-Up		9:30-3:30p Showcase Basketball
8:00-11:30a Open Gym	1:30-2:30p Open Gym	8:00-9:30a Open Gym	1:30-2:30p Open Gym	8:00-11:30a Open Gym		3:30-4:45p Open Gym
11:30-1:30p Adult Pick-Up	2:30-8:00p Showcase Basketball	9:30-10:00a Stretch Class	2:30-7:00p Showcase Basketball	11:30-1:30p Adult Pick-Up		
1:30-4:00p Open Gym	8:00-9:45p Open Gym	10:00-11:30a Open Gym	7:00-10:00p Adult Soccer	1:30-7:30p Open Gym		
4:00-5:15 Youth Programs		11:30-1:30p Adult Pick-Up		7:30-8:30p Showcase Basketball		
5:15-9:45p Open Gym		1:30-9:45p Open Gym		8:30-9:45p Open Gym		