




## December Lunch Menu

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

				1 Cheese Ravioli Garlic Bread & Fresh Fruit
4 BBQ Chicken Pita Pizza w/ Sweet Peppers Fresh Fruit	5 Chicken Noodle Soup w/ Veggies Fresh Fruit	6 Cheese Quesadilla w/ Black Beans & Corn Fresh Fruit	7 Swedish Meatballs w/ Rice & Peas Fresh Fruit	8 Grilled Cheese w/ Tomato Soup Fresh Fruit
11 Turkey Mac & Cheese w/ Green Beans Fresh Fruit	12 Lemon Herb Chicken w/ Rice & Corn Fresh Fruit	13 Cheese and Veggie Enchilada Garden Salad Fresh Fruit	14 Spaghetti & Marinara Meatballs Garlic Bread Fresh Fruit	15 Turkey Sandwich w/ Lettuce Tomato, & Cheese Fresh Fruit
18 BBQ Chicken Pita Pizza w/ Sweet Peppers Fresh Fruit	19 Chicken Noodle Soup w/ Veggies Fresh Fruit	20 Cheese Quesadilla w/ Pinto Beans & Corn Fresh Fruit	21 Swedish Meatballs w/ Rice & Peas Fresh Fruit	22 Turkey Chili w/ Corn Bread Fresh Fruit
25 	26 Lemon Herb Chicken w/ Rice & Corn Fresh Fruit	27 Cheese and Veggie Enchilada Garden Salad Fresh Fruit	28 Spaghetti & Marinara Meatballs Garlic Bread Fresh Fruit	29 Grilled Cheese w/ Tomato Soup Fresh Fruit

**Fruit of the Month**

**Our FruitGuys Order will be on a mini  
Vacation during the month of  
December.**

**Seasonal Fruits & Veggies will be  
provided.**

- Water is served with every meal and is our primary source of beverage.
- All meals are served Family Style
- A fruit and a vegetable is served with every meal and provided by *The Fruit Guys*.
- All meals are homemade and do not include anything fried, re-heated or with trans-fat.
- Only whole grain and whole wheat foods are provided.

