

Group Exercise Instructor/Boot Camp

Burbank Community YMCA – Burbank, CA

POSITION SUMMARY:

The Group Exercise Instructor provides instruction in a group setting in proper cardiovascular, strength and flexibility training, as well as leadership, guidance and support to members in their pursuit of health and well-being.

QUALIFICATIONS:

- Current job-specific certifications, i.e., ACE, AFAA etc.
- Two years related experience preferred.
- Physical ability to lead and interact in fitness activities and perform related physical fitness skills.
- Certification requirements include, within 30 days of hire, CPR/AED and First Aid; Child Abuse Prevention (for Youth and Family Fitness programs).

DUTIES & RESPONSIBILITIES:

- Arrives at work consistently on time, in proper uniform, and prepared to perform the essential functions of your job.
- Learns members' names and unique individual goals each shift.
- Effectively plan, organize and present class curriculum for optimal skill development.
- Adheres to the substitution policy: instructors are responsible for finding their own substitutes for any planned time off, ensuring that shifts are covered, and informing the Director of substitutions.
- Maintains a neat and orderly environment by ensuring equipment is returned to its proper location after use.
- Maintains awareness of changes in schedules, staffing, procedures and environment that can affect a member's YMCA experience, and leads members through the changes in an informative, supportive manner.
- Models consistently the Y's values of caring, respect, responsibility and citizenship, thereby encouraging and supporting the development of these values within our members.
- Attends all staff meetings and in-service trainings.

STATUS/HOURS: (PT/FT/HRS/DAYS) Morning preferred, evening hours available as well.

SALARY/PAY RATE: \$20-\$30

TO APPLY:

Please e-mail resume and cover letter to jobs@burbankymca.org below or apply in person at the Burbank Community YMCA 321 E. Magnolia Blvd., Burbank, CA 91502.

NO PHONE CALLS PLEASE

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