

# **Aqua Arthritis Instructor**

**Burbank Community YMCA – Burbank, CA**

## **POSITION SUMMARY:**

The YMCA Aqua Arthritis/Water Fitness Instructor provides students with a safe, fun and constructive class, with proper technique, form and safety as the focus at all times; and provides leadership, guidance and support to members in their pursuit of health and well-being.

## **QUALIFICATIONS:**

- Current YMCA Water Fitness Instructor/Arthritis Foundation YMCA Aquatics Program Certification or equivalent.
- Current Standard First Aid, CPR and AED certification.
- Knowledge of water hazards, pool safety, first aid and appropriate safety precautions and procedures.
- Ability to analyze situations, react appropriately, remain calm and efficient in caring for problems.
- Ability to plan and deliver class curriculum.
- Successful water skills test prior to hire.

## **DUTIES & RESPONSIBILITIES:**

- Adheres to all safety policies, rules and standard operating procedures established by the YMCA.
- Teaches all classes in alignment with training and the guidelines set by the Aquatics Director, providing a fun and productive swim lesson each class.
- Sufficient strength, agility and mobility to perform essential functions.
- Visual and auditory ability to respond to critical incidents and the ability to act swiftly in an emergency.
- Models consistently the Y's values of caring, respect, responsibility and citizenship, thereby encouraging and supporting the development of these values within our members.
- Builds and maintains effective, positive relationships with the members, participants and staff.
- Creates a supportive community environment.
- Models relationship-building skills in all interactions.

**STATUS/HOURS:** PT, must be available morning and mid-afternoon, 2-3 hrs./wk.

**SALARY/PAY RATE:** \$15.00/hr. - \$25.00/hr.

**TO APPLY:** Please e-mail resume and cover letter to [jobs@burbankymca.org](mailto:jobs@burbankymca.org)

**NO PHONE CALLS PLEASE**

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